

# Corporate Lunch Catering Menu

## Whole Grain Wrap & Panini Platters

Wrap: \$7.49 pp, Panini: \$8.49 pp - min. 7 ppl

Choose from these Specialty Wrap/Panini fillings (see menu for full description)

- ~ Turkey Dijon
- ~ Southwest Chicken
- ~ Honey BBQ Chicken
- ~ Balsamic Chicken & Artichoke
- ~ Low-fat Tuna Salad (w low-fat canola mayo)
- ~ Low-fat All Natural Chicken Salad
- ~ Low-fat Chix Salad w/ Grapes & Toasted Almonds (add \$.50 pp)

## Complete Lunch Package

\$12.75 pp (min. 7 ppl, inc. paper goods & delivery)

- Tray of assorted Specialty Whole Grain Wraps & Paninis
- WW Pasta or Low-fat Yukon Potato Salad
- Snack bags of Carrots
- Bottled Water/Sparkling Water

Extras:

- Homemade Chocolate Chip Cookies: \$10/dozen
- Substitute Honest Tea for Water: \$1.49 pp

## Organic Greens Salads

\$8.49 pp - min. 7 ppl

### Buffalo Chicken

Buffalo-style free-range chicken, natural gorgonzola, crumbled bacon, cucumbers, organic carrots, and tomatoes with light creamy Italian

### Waldorf a la FeelGoods

free-range chicken breast, organic apples, toasted walnuts, raisins, and grapes with non-fat raspberry vinaigrette

### Cobb with a Twist

free-range chicken breast, all natural gorgonzola, all natural bacon, red onion, mushrooms, and tomatoes, with light vidalia onion & cilantro vinaigrette

### Southwest Chicken

free-range chicken breast, all natural cheddar, black beans, tomato, red onion, sweet corn, with fat-free sundried tomato vin.

## Hot Specialties

may require 1-2 day advance notice

- ~ Healthy Eggplant Parm {half: \$55, full: \$95}
- ~ WW Turkey Lasagna {half: \$65, full: \$105}
- ~ Artichoke Chix Sausage Bake {half: \$60, full: \$100}
- ~ Torta Rustica {half: \$60, full: \$100}
- ~ Egg Frittata w/ Spinach & SDT {\$45}

half tray feeds 5-6 people, full tray feeds 10-12

## Healthy Sides

prices based on 7 person min. lunch order

- Low-fat Yukon Gold Potato Salad: \$3 1/2 lb.
- Chickpea Salad with tomatoes & feta: \$3 1/2 lb.
- Whole Wheat Low-fat Macaroni Salad: \$3 1/2 lb.
- Brown Rice, Black Bean, Avocado Salad: \$3 1/2 lb.
- Low-fat Tri-Colored Coleslaw: \$3 1/2 lb.
- Hummus made with EVOO: \$4 1/2 lb.
- Grilled Vegetables: \$4 1/2 lb.
- Fresh Fruit: \$4 1/2 lb.

This is just a sampling of our healthy homemade side dishes. See in-store menu for complete listing!



**FeelGoods Cafe**

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